



The Latest News From MCDPH - January 2020

Dear Colleagues;

We begin 2020 by sharing our recently published commentary in the Portland Press Herald titled, "**Public-private partnerships are helping to keep Maine healthy** ." The article highlights the challenges Mainers experience in accessing care and how Medical Care Development works to improve access through collaboration with public and private partners. From partnerships spanning to a state, country, and worldwide level, MCD has demonstrated that working together is an effective way to address barriers to care.

We are excited to enter the new decade with steadfast commitment to address the public health issues and health care access needs of our Maine communities and beyond. As our programs continue to grow, we are fortunate to add dedicated public health professionals to our staff. As you'll see in our "Meet the Team" section below, some are returning to our MCD Public Health family. If you're interested in a public health career, be sure to check out our domestic and international opportunities and join us in achieving our collective public health goals around the corner, the country and the globe.

Wishing you a Happy and Healthy 2020,
Danielle Louder & Elizabeth Foley
Co-Directors, MCD Public Health

Request for Proposal Public Health Systems Assessment Reporting Author

MCD Public Health is accepting proposals for a Public Health professional as part of the State of Maine's Local Public Health Systems Assessment (LPSHA). MCDPH is looking for experienced writer(s) to assist in this statewide project.

This work will be performed under the direction of District Public Health (DPH) within Maine CDC's Division of Public Health Systems, which is charged with supporting and enhancing the delivery of public health services at the district level. DPH convenes and supports District Coordinating Councils within each of the nine public health districts across Maine. As part of the work, a Local Public Health Systems Assessment will be conducted in each district. [Download the RFP](#) for the scope of work, requirements and deliverables. Consultant proposals are due by **Friday February 7, 2020** and should be sent to jrobinson@mcdph.org

January is Cervical Health Awareness Month

The month of January is dedicated to raising awareness of cervical cancer and other cervical conditions to promote the health of all women.

Did you know that 11,000 women in the United States get cervical cancer each year? The good news is that cervical cancer is very preventable. In fact, it is the only gynecologic cancer that has both

a screening test and a vaccine.

It is recommended that women get regular screening tests starting at age 21. Parents should make sure pre-teens get the HPV vaccine at age 11 or 12. It may not be too late to get the vaccine: Women up to age 26 and men up to age 21 are still eligible.



You can find more information at the [American Cancer Society](#), [Centers for Disease Control and Prevention](#) and the [National Cervical Cancer Coalition](#).



Reminder: As part of the Community Health Workers and Chronic Conditions Training Program, MCD Public Health offers a training module on cervical cancer. Available in English and Spanish, the module is primarily focused on cervical cancer screening and prevention. You can learn more at [MCDPH CHW Online Training](#).

Maine Joins 45 Other States in Reporting Widespread Flu

Influenza has been confirmed in all 16 Maine counties and is now classified as widespread across the state. Nationally, it is estimated that more than 6.4 million people have been infected since late September 2019. The Center for Disease Control (CDC) reports that the high flu activity is expected to continue through the month of January.

It is not too late to get vaccinated or take prevention measures.

Take these four actions to protect against flu:

- Get the flu vaccine.
- Wash your hands.
- Cover your cough.
- Stay home when you are sick.

[Learn more about the flu vaccine, prevention and national flu activity.](#)

A Weekly Influenza Surveillance Report Prepared by the Influenza Division

Weekly Influenza Activity Estimates Reported by State and Territorial Epidemiologists*

Week Ending Jan 11, 2020 - Week 2



*This map indicates geographic spread and does not measure the severity of influenza activity.

Other News

Maine DHHS wins \$5.3M federal award to help mothers and babies affected by the opioid crisis

As one of only ten other states, Maine has been selected to participate in the Maternal Opioid Misuse (MOM) model. The goal of MOM is to increase access to high-quality treatment and reduce costs while better coordinating and integrating care. [Read more](#)



FDA bans mint- and fruit-flavored vaping products but exempts menthol and tobacco

The Food and Drug Administration will begin to ban fruit- and mint-flavored products used in vaping products while allowing shops to sell flavors from tank-based systems. Many public health advocates have deemed this law "not enough," as the flavoring ban does not apply to menthol and tobacco-flavored products. [Read more](#)



Meet Our Team



Medical Care Development welcomes back Kate Perkins! Kate joins us as the new Business Development Manager for MCD Public Health.

Kate started working at MCD in 1999, serving as the MCDPH Director from 2008 until her departure in 2017. Between 2017 and 2020 Kate worked at the Center for Medicare and Medicaid Innovation in Baltimore, MD and later created a public health consulting practice based in Maine through which she assists non-profit and governmental public health organizations. A public health professional with more than thirty years-experience implementing, developing, and managing various initiatives, Kate has in-depth knowledge of federal, state, and non-governmental processes and systems. She holds a Master's Degree in Public Administration and is active in both the American Public Health Association and its Maine affiliate. When not working she is an avid downhill skier and enjoys myriad other outdoor activities.

Join Our Team

Domestic Public Health

International Public Health



[Click here](#) to see current opportunities.



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Partner Events

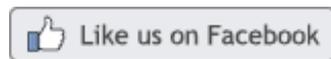
Beyond the Basics in Suicide Prevention Annual Conference - April 10, 2020 -
Augusta, ME. For more information, [click here](#).

National Network of Public Health Institutes (NNPHI) Annual Conference - May 19-21, 2020 -
New Orleans, LA. For more information, [click here](#).

Northeast Regional Telehealth Conference - June 8-9, 2020 - DoubleTree by Hilton,
Manchester, NH. [Registration and Sponsorship Opportunities now open!](#)

American Public Health Association (APHA) Annual Meeting - October 24-28, 2020 -
San Francisco, CA. For more information, [click here](#).

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