

The Latest News From MCDPH - November 2019

Dear Colleagues;

This month we share MCD's exciting news on receiving the US State Department's 2019 P3 Impact Award, given to recognize the public-private partnership that was most effective in addressing a critical global challenge. MCD along with our partners, received the award for 15 years of work on the Bioko Island Malaria Elimination Project (BIMEP) to eliminate malaria on Bioko Island in Equatorial Guinea. MCD was in competition with more than 100 worldwide P3 applicants and was chosen the winner by a panel of global health experts. For the first time in the history of the P3 award, MCD also won the people's choice award voted on by attendees of the 2019 Concordia Summit in New York City during the UN General Assembly. You can read more about the award and celebration at the State House Hall of Flags in this month's newsletter.

We are honored to be part of MCD's team of dedicated public health professionals, working right here in our home state of Maine, throughout the U.S. and around the world.

We hope you have a great holiday, and we look forward to connecting with you in December.

P.S. Be sure to check our [employment opportunities](#), we have over 20 open positions.

Best Regards,
Danielle Louder & Elizabeth Foley
Co-Directors, MCD Public Health

MCD Receives Prestigious P3 Impact Award



Speakers at the event included Christopher Schwabe, PhD, president and CEO of MCD; Evelyn KIELTYKA, MSN, MS, FNP-BC, senior vice president of program services at Maine Family Planning and board chair for MCD; Yellow Light Breen, president and CEO of the Maine Development Foundation and Nirav D. Shah, M.D., J.D., director of the Maine Center for Disease Control and Prevention. The remarks also included excerpts from congratulatory letters to

On November 21st, at the Hall of Flags at the State House in Augusta, MCD was recognized for its innovative partnership to eliminate mosquito-borne disease transmission of malaria. MCD received the 2019 P3 Impact Award from the U.S. Department of State recognizing public-private partnerships that effectively address global challenges. The award was given to MCD and its partners for their work during the past 15 years through the Bioko Island Malaria Elimination Project (BIMEP) to eliminate malaria on Bioko Island in Equatorial Guinea, reducing transmission by 99% and mortality in children under the age of five by 63%.

Christopher Schwabe, PhD, president and CEO of MCD, accepted the award along with staff and other dignitaries. Schwabe has worked closely with the Ministry of Health of Equatorial Guinea and other BIMEP partners for ten years on this lifesaving work.

"As a Maine-based global public health company,

MCD from Sen. Susan Collins; Sen. Angus King; Rep. Chellie Pingree and Rep. Jared Golden.

our employees take great pride in being part of this project and earning such a high honor for our work. Collaborating with great partners, we have substantially reduced the scourge of malaria from Bioko where the disease was previously the number one cause of morbidity and mortality for the residents of the island. This is one example of a wide range of highly impactful initiatives that MCD undertakes overseas, throughout Maine and across the United States, leveraging the experience and capabilities the organization has acquired from more than 50 years of work in serving rural and underserved communities here in Maine, the U.S. and globally," said Schwabe.

[Click here for the full press release and videos](#)

November is National Diabetes Month

November is National Diabetes Month and this year, through collaboration between the **National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)** and the **National Heart, Lung, and Blood Institute (NHLBI)**, the focus is the connection between diabetes and cardiovascular disease.

Adults with diabetes are nearly twice as likely to die from cardiovascular events such as a heart attack or stroke as people without diabetes. High blood glucose from diabetes is damaging to both blood vessels, and the nerves that innervate the heart. Although diabetes and cardiovascular diseases are serious conditions, there are things you can do to help prevent them such as maintaining a healthy diet, being physically active, and reducing stress.

Remember, you can take charge of your health. Maintaining a healthy lifestyle can prevent or delay the development of diabetes and consequently, cardiovascular diseases.



Take steps to manage diabetes and reduce risk of heart disease.

			
<p>Manage your A1C, blood pressure, and cholesterol levels.</p>	<p>Develop healthy lifestyle habits.</p>	<p>Take medicines as prescribed by your doctor.</p>	<p>Stop smoking or using tobacco products.</p>

Telephonic Diabetes Education & Support Program

Telephonic Diabetes Education and Support Program[®] (TDES[®]) is a voluntary self-management program designed by MCD to offer traditional diabetes education via the telephonic modality, in partnership with local certified diabetes self-management educational programs.



This program is carried out in collaboration with employers who offer this to employees, early retirees, and adult dependents. Incentives include waiver of pharmacy copayments for diabetes medications and supplies. Their third party administrators provide direct reimbursement to diabetes programs that provide services.

Now available for TDES[®] graduates is **TDES[®] to the Second Power, or TDES²**. This program focuses on diabetes self-management and includes further education, goal setting, and life style changes.

[Click here](#) for more information on TDES[®].

Join Our Team

Domestic Public Health

International Public Health



[Click here](#) to see current opportunities



[Click here](#) to see current opportunities.

Partner Events

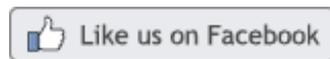
Beyond the Basics in Suicide Prevention Annual Conference - April 10, 2020 - Augusta, ME. For more information, [click here](#).

National Network of Public Health Institutes (NNPHI) Annual Conference - May 19-21, 2020 - New Orleans, LA. For more information, [click here](#).

Save the Date: Northeast Regional Telehealth Conference - June 8-9, 2020 - DoubleTree by Hilton, Manchester, NH.

American Public Health Association (APHA) Annual Meeting - October 24-28, 2020 - San Francisco, CA. For more information, [click here](#).

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