

## The Latest News From MCDPH - September 2018

Dear Colleagues;

In this month's newsletter we highlight **National Suicide Prevention Awareness Month**. Suicide is never easy to talk about but we know it certainly impacts all of us whether through families, friends, students, coworkers, community members or public personalities. This awareness campaign encourages all of us to break the silence not just this month but every day and eliminate the stigma that prevents people from seeking help and treatment. Our newsletter offers resources and links to support us in the discussion of suicide prevention. You can also learn more about the work going on here in Maine and in communities around the U.S. to promote suicide prevention as an essential element of health care services. Take the time to find out **what is going** on in your state.

As always, we hope you find our newsletter helpful and look forward to connecting with you in October.

Best Regards,  
*Danielle Louder & Elizabeth Foley*  
Co-Directors, MCD Public Health

## September is Suicide Prevention Month

Maine Center for Disease Control and Prevention (Maine CDC) is one of five recipients of the SAMHSA (Substance Abuse and Mental Health Services Agency) three-year Cooperative Agreement to Implement the National Strategy for Suicide Prevention (NSSP). The NSSP identifies the need to promote suicide prevention as an essential element of health care services, and the importance of implementing effective practices for assessing and treating individuals at risk of suicide. Maine's NSSP project is called *Communities of Care*, the goals of which are (1) to increase access to suicide-safer care for individuals served by primary care and behavioral health services; (2) to implement comprehensive systems change to support suicide screening, assessment, treatment, and follow-up within major community mental health agencies; and (3) to develop shared discharge protocols between hospitals, emergency rooms, and regional crisis service providers to ensure rapid follow-up and transition of care for individuals after a suicide attempt or suicidal crisis.

Grant Coordinator, Robin Hetzler, and Program Manager, Sheila Nelson, will be presenting about *Communities of Care* at the **New England Rural Health Conference** on Thursday, November 8 from 1:35pm - 2:30pm.

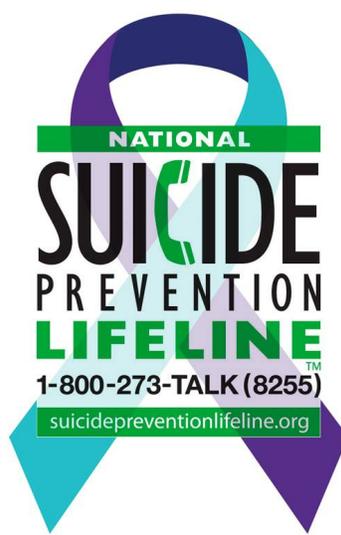


Maine Crisis Hotline

**CRISIS TEXT LINE** |

Crisis Text Line

is available anywhere in the state of Maine.  
**Call: 1-888-568-1112**  
to talk with a trained crisis counselor.



is available anywhere in the United States.  
**Text "Home" to 741-741**  
to text with a trained crisis counselor.

## MCD Presence at DAFS Day 2018



MCD Team Members, Phonse Allen-Laney and Tina Love represented **WellStarME** at the Division of Administrative and Financial Services Day (DAFS) for the State of Maine on September 14th. WellStarME is an online wellness platform available to all State of Maine employees. The program provides individualized health and wellness resources designed to meet all people where they are on their wellness journey. For more information, visit [www.wellstarme.org](http://www.wellstarme.org) or contact 207-620-9202.

## News From the Nation and Abroad

### Spreading the Word on Cervical Cancer Prevention

"Don't be afraid, a test could save your life," says one poster near a hospital room in Niefang, Equatorial Guinea. "Dear woman! Take the test and save your life," reads a health worker's shirt at another hospital on Bioko Island. **MCDI** and the Bioko Island Malaria Control Project are spreading the message to women in Equatorial Guinea that screenings, now offered across the country, are essential to preventing a deadly form of cancer. Since April 2017, over 8,400



women have been screened for cervical cancer in Equatorial Guinea. Seven consultation rooms are now open and operational across the country on both Bioko Island and the country's mainland, and mobile screenings continue to reach populations that may have difficulty accessing the health facilities. These services are offered completely free of charge to women, and are a one-stop service, providing both screening and treatment services in one visit, reducing the financial or time burden on women seeking services.

To read MCD International's full blog post, [click here](#).

---

## Join Our Team



### Positions Available

MCD Public Health is seeking talented individuals for the following positions

- Administrative Assistant II (Part-time)
- Project Coordinator- Healthcare Associated Infections
- Project Coordinator- Registered Dental Hygienist for the School Oral Health Program

For more information, full job descriptions, or to apply [click here](#).

## Partner Events

**Let's Go! National Obesity Conference: Rest Up, Slow Down: Wellness for You & Your Patients- September 27, 2018** - MaineHealth Conference Center, Portland, ME. For more information, [click here](#).

**World Heart Day- September 29, 2018** - For more information, [click here](#).

**6th Annual HC4ME Conference- October 1, 2018** - Augusta, ME. For more information, [click here](#).

**MPHA 34th Annual Conference: Addiction & the State of Public Health in Maine- October 16, 2018** - Augusta Civic Center, Augusta, ME. For more information, [click here](#).

**National Prescription Drug Take Back Day- October 27, 2018** - Locations throughout Maine and the Nation. For more information, [click here](#).

**New England Rural Health Round Table's 2018 Rural Health Conference- November 7-8, 2018** - Sunday River Resort, Newry, ME. For more information, [click here](#).

**\*CALL FOR PROPOSALS\*** The New England Rural Health Round Table is pleased to announce a call for proposals for the 2018 New England Rural Health Conference poster session. Deadline is October 1st. [Click here](#) for more information.

**APHA Annual Meeting and Expo- November 10-14, 2018** - San Diego, CA. Theme - "Creating the Healthiest Nation: Health Equity Now." For more information and submissions, [click here](#). Registration will open on June 4th.

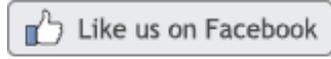
**Advancing Science in Cardiovascular Care - November 11, 2018** Samoset Resort, Rockport, ME. 2018 MCHC Annual Cardiovascular Summit, This year's lineup includes A-Fib and Cardiogenic Shock, Reading EKGs, Stroke Care in Maine, and Risk of Sudden Cardio Death in Athletes. For more information, [click here](#)

---

Get In Touch

Join Our Team

**MCD Public Health**  
11 Parkwood Dr.  
Augusta, ME 04330  
P: 207-622-7566  
Email: [info@mcdph.org](mailto:info@mcdph.org)



[Website](#)

[About Us](#)

[Contact Us](#)