

Preventing disease, promoting wellness, increasing access, and improving quality.



Your Monthly News & Updates - November 2017

Dear Colleagues:

We hope this November edition of the MCDPH newsletter finds you well, and that you had a wonderful Thanksgiving, surrounded by those you are most grateful for! The Fall may be winding down, but our team has been moving full speed ahead with strategic planning, ramping up several new projects/programs, and participating in a number of regional events from Lake Placid, Boston, and the White Mountains, and even a Blood Pressure Management training in Nebraska!

Earlier this month, several MCDPH team members were fortunate to attend the 20th Annual New England Rural Health Conference and the 15th Annual New Hampshire Oral Health Fall Forum on November 15-16th in Bartlett, NH. A healthy dose of snow came to the White Mountains on National Rural Health Day - a perfect scene for a rural health conference, and a beautiful reminder of why we love to live and work here in New England!!

Many thanks to the New England Rural Health Round Table (NERHRT) and the NH Oral Health Coalition for hosting an incredibly educational event, from inspirational keynotes to many breakouts, poster sessions and exhibits highlighting innovative efforts to impact rural health throughout the region. Our own Kelsey Schwarz presented a poster highlighting the reach and impact of our Online Training Modules for Community Health Workers (see photo below). And wearing my Northeast Telehealth Resource Center (NETRC) hat, I (Danielle Louder) was able to share "Model Telehealth Programs and Impact across the Northeast" in a conference breakout session and network with many colleagues around how telehealth may be integrated into their efforts to enhance access and health outcomes for rural and underserved areas.



Stay tuned for Highlights from 2017, additional program updates, and exciting new opportunities for 2018 in our December newsletter. As always, we are exceptionally THANKFUL for the wisdom, resources and impact brought to the table by our team and by each of you every day. We look forward to many more years of the collaborative work and partnerships that we hold very near and dear to our hearts.

Be Well and Happy Holidays!

Best Regards,



Elizabeth
Foley

Elizabeth & Danielle
Co-Directors, MCD Public Health



Danielle
Louder

Kudos

MCD's International Division had a busy start to the month of November, as many of their domestic and international staff attended the American Society of Tropical Medicine and Hygiene (ASTMH) conference in Baltimore, Maryland. MCDI's team of experts in the field of global public health were asked to present 19 abstracts to the conference, with a number of them also giving oral presentations about their work around the globe. These presentations highlighted MCDI's expertise in malaria prevention, diagnosis and treatment, while also continuing to expand into other practice areas in the realm of global health. Learn more about MCD International - www.mcdinternational.org

MCHC Summit a Success!

On **November 9, 2017**, the Maine Cardiovascular Health Council (MCHC) presented "**The Advancing Science in Cardiovascular Care**," to an audience of nurses, physicians, medical assistants, and other clinicians. Topics included TAVR, LVAD, tPA, A-Fib, heart imaging, and more. 100% of those who completed the evaluation indicated that this activity enhanced their knowledge/skill/practice as a health care provider and received comments such as:

- "Excellent topics from start to finish."
- "This conference is always a great learning experience for me, that's why I keep coming back. I never go away without gaining some new knowledge."
- "A lot I didn't know and didn't know I didn't know—so very valuable for me."



If you are interested in viewing some of the PPT presentations from the conference, visit <http://www.maine Cardiohealth.org/2017%20summit.html>

Did You Know ...

Antibiotic resistance is one of the world's most serious health threats and has been driven largely by inappropriate antibiotic use. The CDC estimates each year in the United States over two million people become infected and at least 23,000 die due to antibiotic-resistant superbugs. Individuals play a role in the fight against antibiotic resistance. You can help by talking to your doctor about when antibiotics will and will not help, staying up to date on your vaccinations, and washing your hands regularly. You can find more information on antibiotic resistance at the following website: <https://www.cdc.gov/antibiotic-use/community/index.html>.



To Note ...

During the last week of September, the **Furthering Access to Stroke Telemedicine (FAST) Act** passed the Senate. The bill, which would expand telestroke access to more Americans, was included in a larger piece of legislation that would help those with chronic health conditions and passed unanimously. The bill will now move on to the House.

Mark Your Calendars!

Using Health Literacy to Improve Children's Oral Health - December 12, 2017 - 12:00-1:00 pm. Free webinar from Maine Quality Counts. For more information and to register, [click here](#). CME Credits will be available.

SAVE THE DATE - QC 2018: Quality, Collaboration, Innovation ... It All Counts! - April 4, 2018. Keynote: Dr. Sanjeev Arora - Dr. Arora's [Project ECHO®](#) shares knowledge and amplifies best-practice care for underserved people all over the world.

Global Health & Innovation Conference - April 14-15, 2018 - Yale University, New Haven, CT. For more information and to register, [click here](#).

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