



This Month at MCD Public Health

With all of our programs running near and far it seems we naturally get our recommended daily exercise with all the moving we do to implement such great programming! This month we are proud to share a few of our efforts to train clinicians on best practices for the [detection and management of high blood pressure](#), [address hunger](#), or having a little fun while [keeping in touch with the field](#). As always, we share with you [what's coming up in public health](#) in Maine and around the country. We hope you enjoy all this and more in this month's newsletter.

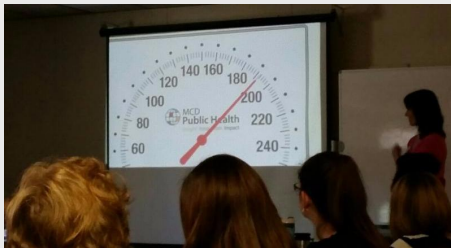


Thank you for all you do to help get, and keep, our communities healthy.

Be well,

Kate

Project Spotlight



MCDPH's Stacey Meyer training clinical staff in Massachusetts

MCDPH Delivers Accredited BP trainings

Does your practice need training on improving the detection and management of high blood pressure? MCD Public Health can deliver accredited training that has been planned and implemented in accordance with the Essential Areas and

Policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Public Health Association (APHA) and MCD Public Health. The APHA is accredited by the ACCME to provide continuing medical education for physicians. Attendees are eligible for nationally recognized 5 CME's or CNE's during this one day training.

MCDPH has trained staff in Hawaii, Massachusetts, Nebraska and places in between. Learn more about our BP trainings [click here](#) or contact Elisabeth Altshuler at ealtshuler@mcdph.org or call 207-622-7566 x 259 to schedule training in your area.

Addressing Hunger

Summer Food Service Rocks!

Along with Lincoln County Summer Meals, there are summer food service programs all over Maine and the nation. Check out [Lincoln County Summer Meals Facebook page](#) for times and locations in Lincoln County. Not in Lincoln County, Maine? No problem! To find a location near you [click here](#). Lincoln County's summer food program is heating up with great local coverage like this article in the [Boothbay Register](#).



Around Town



Staff Field Trip!

What a fabulous day [Maine Philanthropy Center's](#) Conference on May 10th. [Rockwood Leadership Institute's](#) Akaya Windwood's lesson to be kind as opposed to nice, [Nonprofit With Balls's](#) Vu Le's reminders to value ourselves and our work gave us a chance to re-energize & re-consider non-profit's roles and responsibilities in Maine. It was also wonderful to re-connect with so many old friends. MCD Public Health staff Danielle Louder, Joe Robinson, and Elizabeth Foley show off our bouquet so graciously taped together on the ride up by Kate Perkins and Barbara Ginley.

Mark Your Calendars!

National Association of Chronic Disease Director's monthly conference call, Thursday June 23rd, 2016), 3:00-4:30 eastern, [FMI click here](#).

National Organization of State Offices of Rural Health Annual Meeting, September 7-8, Omni Parker House Hotel, Boston, MA. [Click here to register](#).

Save-the-date **Maine Public Health Association's 32nd Fall Conference**, October 18th, Hannaford Lecture Hall, University of Southern Maine, Portland. Conference keynote by Dr. Camara Jones, current APHA President and a Senior Fellow at the Satcher Health Leadership Institute and the Cardiovascular Research Institute, Morehouse School of Medicine. [Registration coming soon](#).

American Public Health Association's 144th Annual Meeting, October 29-November 2, 2016, Denver, CO. [Click here to register](#).

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