



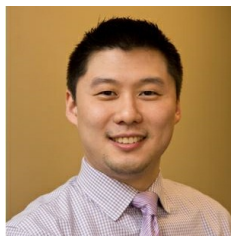
# MCD Public Health

Insight Innovation Impact

Summer 2014

## Meet the Interns!

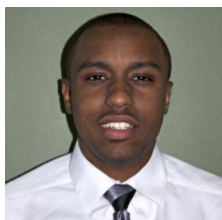
This summer, MCDPH had the pleasure of hosting a fantastic crew of student interns, including several practicum students from the University of New England's Master's of Public Health Program. Please join us in thanking them and wishing them well in their public health careers.



**Edward Li** received his MPH from the University of New England. He is working on the evaluation of long-term outcomes for Healthy Maine Streets (HMS), a worksite wellness program targeting nineteen Maine communities. The objectives of his project are to identify clinical indicators for the measurement of the impact of HMS, establish a baseline for the clinical indicators, and communicate the results of the baseline analysis to

community groups and other stakeholders. "This experience has been very helpful in meeting my personal objectives of working closely with claims data to inform initiatives that positively impact the health of Maine residents," says Edward.

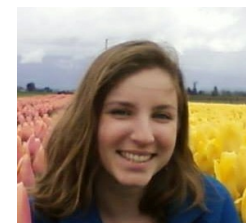
**Dorreen Brune**, a graduate Public Health student at the University of New England and resident of Central NY, is working on developing tools to conduct market research on the usage of Telehealth technologies in reproductive health centers across New York, as well as on updating the list of Telehealth providers in Maine. Upon graduation, she plans to continue on to medical school and pursue a career in reproductive health.



**Jermaine Hubbard** is an MPH student at the University of New England and resident of Houston, TX. For his practicum, Jermaine's study observed pedestrian paths near public transit stops. The purpose of the investigation was to evaluate the effects of elements of the built environment and their indirect association to obesity. Jermaine holds a B.S. in Psychology and Biology with a minor in Chemistry. "MCDPH has afforded

me the wonderful opportunity to practice the concepts and skills that I learned from the many graduate courses I took at UNE," says Jermaine. "Working with my preceptor has been a complete joy. She was able to impart on me wisdom and practical knowledge that isn't always found in a textbook." Jermaine is pursuing a joint MD/MPH degree and plans to serve in the area of Neurology.

**Lauren Califano** is from Seattle, WA and graduated from Syracuse University in 2012 with a BA in anthropology. She is assisting with telephone interviews of successful rural coalition organizers to compile more information for MCDPH's poster entitled "Rural Community Organizing /Coalition Building" to be presented at the APHA annual meeting this year in New Orleans. Lauren plans to pursue a career in medical anthropology and hopes to influence public health.





**Leah Jones** is a Public Health student at Brown University. Her internship focused on preparation for the annual APHA conference, assisting with the Telephonic Diabetes Initiative, and MCDPH communications planning. She is appreciative of the wide variety of projects she had the opportunity to work on and the chance to learn from the leadership and organizational skills of the MCDPH staff.

**Reid Plimpton** studied Public Health at the University of Maine in Farmington. His MCDPH internship focuses on the evaluation process for the Healthy Maine Streets Project, working closely with MCDPH staff to gather information and success stories for the project. "This internship is extremely interesting and has allowed me to view program building and evaluation through a public health and development light," said Reid. "I am truly thankful for this opportunity and to be involved in such a potentially revolutionary project!"



## Kudos Corner



Camden Olson, a gap-year student interning with Healthy Lincoln County, engages kids in learning about their health and the food they eat.

Congrats to MCDPH's [Healthy Lincoln County](#) program, winding up its 3rd summer of hosting USDA Summer Food Service across Lincoln County, Maine. With seven sites serving more than 500 children, the program gives kids a chance to eat a healthy breakfast and lunch, as well as socialize and play games that encourage physical activity, skill-building, and outdoor play. SNAP-Ed nutrition lessons are also included, so that kids begin to make good connections between lessons about healthy eating and what's in their lunch bag. The summer meals also help support teens who are working at Medomak Valley High School's Teen Ag program, learning about sustainable agriculture and local food systems. For more information, contact Anni Pat McKenney at 563-1330

or [programs@healthylincolncounty.org](mailto:programs@healthylincolncounty.org).

**The [Healthy Maine Streets \(HMS\)](#) project is going big-time!** Earlier this month, our partners at the Maine Development Foundation were contacted by the head of CDC Communications to discuss the potential for filming and producing a short video highlighting HMS as one of their Community Transformation Grant projects. After sharing several fantastic examples, not only has the CDC and their production crew chosen HMS as one of their video projects, but they will be spending three days here in Maine during the week of September 15, filming not one but two HMS programs, highlighting projects in Biddeford and Gardiner! Many kudos to our own **Joanne Joy and Karen Tucker** for their efforts to make downtown Gardiner a standout, our Healthy Maine Streets team for your tireless efforts to assist and coordinate efforts in all nineteen downtowns, and to all Healthy Maine Streets participants for your efforts to enhance the health and well-being of your communities. Well done, and stay tuned for the finished video later this Fall!

**An extra thanks to summer intern Leah Jones!** Joe Robinson, MCDPH Manager, shares that Leah rose to the challenge when his project team requested last-minute help to develop a timeline action template as part of a new grant reporting requirement. "Leah met with the team, created a one-page ledger size document that captured all the aspects of what needed to be reported and in a way that visually communicated the step progressions--And she did it all in one day! Our state and federal project officers were very pleased with the report."

**Great news for the [Northeast Telehealth Resource Center \(NETRC\)](#) and partners!** The NETRC team received a call from Senator Susan Collins' office on 8/20/14, with notification and congratulations that our reapplication to HRSA's Office for Advancement of Telehealth (OAT) was successful, and NETRC will be funded \$325,000 for the 2014-2015 grant year. Kudos to team members at MCD Public Health, Fletcher Allen Healthcare/UVM and the Regional Medical Center at Lubec for submitting a successful proposal, and for your excellent efforts over the past three years to ensure continued funding for this important work. And don't forget to register for the [NETRC Regional Telehealth Conference](#) in beautiful Burlington, VT on October 1, 2014!



September 30th we will say farewell to Dr. Kala Ladenheim as she embarks on the next phase of her journey - retirement! Kala has been a valuable asset to MCDPH over the past five years, with a wealth of knowledge and passion specific to public and community health, evaluation and statistical analyses, helping us to bring in many innovative projects, and building lasting relationships with key partners. Kala has many plans for enjoying the freedom retirement will bring, including spending time with her husband Bob, gardening and foraging for mushrooms throughout the region, and spending a "little" bit of time as a professional consultant, which we hope will mean working with us here at MCDPH from time to time. All of our best to you, Kala - please stay in touch!

## Mark Your Calendars!

**October 1** - [NETRC Regional Telehealth Conference](#) - Burlington, VT

**October 7** - 8:00 - 3:30 pm - MPHA 30th Fall Conference - "Building on 30 Years of Public Health Progress in Maine" - Augusta Civic Center, Augusta, Maine. For more information or to register - <http://tinyurl.com/MPHAconf2014>

**November 13** - 9:00 am - 4:00 pm - "Evolving Science of Cardiac Care" - Maine Cardiovascular Health Council's 2014 Cardiovascular Health Summit - Sameset Resort, Rockport, Maine. To register and for more information, visit <http://tinyurl.com/CardioSummit-2014>

**November 15-19** - APHA's 142nd Annual Meeting & Exposition - "Healthography: How Where You Live Affects Your Health & Well Being" - New Orleans, LA - [Registration](#) is now open.

## STAY CONNECTED

