



# MCD Public Health

Insight Innovation Impact

September 2013

MCD Public Health is excited to launch our exclusive monthly e-newsletter. Our first issue is dedicated to our innovative project teams that will be presenting their work at the APHA Annual Meeting in Boston, MA this November. The selected presentations highlight both the breadth of our efforts and the importance of our collaborative relationships in achieving results. Read on to become familiar with our latest health initiatives, understand our work as a non-profit, and learn about the ways we are making positive impacts on health both local and statewide levels.



- Kate Perkins, Director

## This just in...

### **MCD Public Health selected by the National Association of State and Territorial Chronic Disease Directors**

MCD Public Health is pleased to announce that we have just signed a contract with the National Association of State and Territorial Chronic Disease Directors (NASTCDD) to develop and provide training to all fifty states and the US Territories. Working on behalf of NASTCDD, MCD Public Health will create and offer web-based training and tools on effective strategies to enhance collaboration among public health program managers and clinical care providers, in order to better integrate best practices in population health disease prevention interventions. The scope of work builds on MCD Public Health's almost fifty years of work in cardiovascular disease control and prevention. Look for an update on this effort in an edition of this newsletter in early 2014.



### **Welcome New Staff**

MCD Public Health welcomes two new members of our staff, Dr. Jean Michel Kayumba and Lee Andrews. Both bring valuable experience and perspectives to further the work of MCD Public Health.

**Dr. Jean Michel Kayumba** joins MCD Public Health as Project

Coordinator for the Minority and Refugee Health Project at the Maine CDC's Office of Health Equity. He brings both a personal and professional understanding of refugee transitions. Dr. Kayumba practiced medicine in South Africa for twelve years, and was the country's program manager of TB drug resistance as part of an infectious disease residency program focusing on HIV/AIDS and Tuberculosis co-infection. This involved research, program analysis, grant management, and clinical patient management. In March 2012, due to the political situation, he traveled to the United States to seek asylum and following the advice of a friend, he came to Portland, Maine. In Maine, Jean Michel has worked with various health organizations including the Maine Workforce Development Forum, Portland Minority Health Program, Maine Association for New Mainers (MANA), and the Maine CDC. His experience includes assisting foreign trained health professionals in Maine to become licensed to practice in the United States and motivating students and youth to become interested in health studies.



**Lee Andrews** joins MCD Public Health as the Project Coordinator for Early Childhood Systems at the Maine CDC's Office of Health Equity, where she provides project and contracts management, and grant support for Maine's Early Childhood Systems and Maternal, Infant and Early Childhood Home Visiting Programs. Lee moved back to Maine in September after receiving her MPH from Northeastern University. In graduate school, Lee focused on health disparities, health policy, community needs assessments, health education and program planning. Lee formerly worked as Asset Manager at Community

Housing of Maine, a supportive housing management organization in Portland. Working with underserved communities' roused Lee's interest in health disparities, as well as the challenges that face our healthcare systems. Lee is enthusiastic about returning to Maine where she can give back to her community.

## MCD Public Health to Present Multiple Sessions at APHA 2013

MCD Public Health will have five oral presentations and a poster at the American Public Health Association's [141st Annual Meeting and Exposition](#) to be held in Boston, MA this fall.

Members of our project teams will be there to share insights and findings in multiple subject areas: worksite wellness, telehealth technology, culturally relevant prevention programs, public health accreditation, and refugee and population health. The

APHA Annual Meeting and Exposition attracts more than 13,000 national and international public health professionals. We invite you to visit our presentations in Boston, MA and learn more about our accomplishments! See below for links to more information about each session.



### [A culturally relevant adaptation of a parental monitoring prevention strategy to serve Latino and Somali Portlanders](#)

*Visual Presentation, Monday, November 4, 2013*

**Presented by:** Jo Morrissey, BA, MCD Public Health, Medical Care Development, Inc, Portland, ME; Bankole Kolawole, MD, MS, Public Health Division, City of Portland, Portland, ME



### [Strategies for building non-governmental infrastructure to meet refugee health needs](#)

*11:30 AM - 11:45 AM, Monday, November 4, 2013*

**Presented by:** Lisa Sockabasin, RN, Office of Health Equity, Maine CDC, Augusta, ME; Christine Lyman, MSW, CHES, Office of Health Equity, Maine CDC, Augusta, ME; Kate Perkins, MPA, MCD Public Health, Medical Care Development, Augusta, ME; Fatuma Hussein, United Somali Women of Maine, Lewiston, ME

### [Telehealth as a critical tool for improving population and community health](#)

*4:30 PM - 4:50 PM, Monday, November 4, 2013*

**Presented by:**

Margaret Gradie, PhD,  
NorthEast Telehealth Resource Center, MCD Public Health, Augusta, ME; Karen Rheuban, MD, Office  
of Telemedicine, University of Virginia, Charlottesville, VA; Kathy Wibberly, PhD,  
Mid-Atlantic Telehealth Resource Center, University of Virginia Center for Telehealth, Charlottesville, VA

#### [National and regional resources of the support and expansion of telehealth](#)

*5:30 PM - 5:50 PM, Monday, November 4, 2013*

**Presented by:** Margaret Gradie, PhD, NorthEast Telehealth Resource Center, MCD Public Health,  
Augusta, ME; Kim Mohan, MEd, LCMHC, NorthEast Telehealth Resource Center, MCD Public Health,  
Augusta, ME

#### [Preparing for accreditation - readiness review and other successful strategies from Maine](#)

*9:10 AM - 9:30 AM, Tuesday, November 5, 2013*

**Presented by:** Brenda Joly, PhD, MPH, Graduate Program in Public Health, USM, Portland, ME; Kate  
Perkins, MPA,  
MCD Public Health, Medical Care Development, Augusta, ME; Valerie Ricker, MSN, MS,  
Population Health Division, Maine Centers for Disease Control, Augusta, ME; Joseph Robinson, MPH,  
MCD Public Health, Augusta, ME; Kate Marone, CPH, MA, MCD Public Health, Augusta, ME

#### [A community based approach to small employer worksite wellness programs](#)

*12:30 PM - 12:45 PM, Wednesday, November 6, 2013*

**Presented by:**

Philip DiRusso Jr., MS, Cardiovascular Health Program, MCD Public Health, Augusta, ME

#### [Healthy Maine Streets - An innovative partnership led by downtown development districts](#)

*12:30 PM - 12:50 PM, Wednesday, November 6, 2013*

**Presented by:** Kala E. Ladenheim, PhD, MSPH, CPH, MCD Public Health, Augusta, ME; Philip DiRusso  
Jr., MS, Cardiovascular Health Program, MCD Public Health, Augusta, ME

## Mark Your Calendars!

### **September 29th - October 1st:**

AADE conference: [Embracing the Future of Diabetes Education](#)

sponsored by the Maine Association of Diabetes Educators (MeADE), Maine Diabetes Prevention and  
Control Program (DPCP), Maine CDC and the Department of Health and Human Service (DHHS).

**October is National Dental Hygiene Month!** Brush, floss and rinse your way to healthy teeth.

Check out this [ADHA event in more detail](#).

**October 17th:** [Community Connections: Building Creative Partners for the Health of All Mainers](#), hosted  
by the Maine Public Health Association

### **October 18th:**

[Maine Oral Health Coalition Annual Conference](#)

The Maine Oral Health Coalition, a project of MCD Public Health, is holding its annual conference on  
October 18th at the Morgan Hill Events Center in Hermon Maine. This year's conference, All One Body:  
Creating Optimal Health Outcomes, A Symposium for Medical and Dental Health Providers, will focus on  
the why and how of better integration of oral health into overall health.

**October 22nd:** [Health in All Policies: The Value of Public Health in Maine](#), hosted by the Maine Public  
Health Association

**October 23rd - 25th:** 2013 Annual Conference, [Health Care Reform: Putting the Promise into Practice](#),  
hosted by the Maine Primary Care Association

**October 24th - 25th:** [Blazing New Trails: Innovative Health Care Strategies from Rural New England](#),  
hosted by the New England Rural Health RoundTable

**November 2nd - 6th:** [APHA 141st Annual Meeting and Exposition: Think Global Act Local](#)

STAY CONNECTED

